

**Healthy Living: Up2Me**  
**Nevada Quality and Technical Assistance Center**  
**Leader Interview Questions**

Please take a few minutes before we start this morning and share your responses to the following questions.

**Your Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

1. Who is the lead person at your organization who will/has scheduled a CDSMP/DSME workshop?
  - a. name/phone/email
  - b. Do you have any workshops scheduled? If yes, please provide the workshop start date and location it is scheduled at.
  - c. If yes, please explain the marketing/outreach that has been done to recruit workshop participants.
  - d. If yes, is the workshop open to anyone or closed to your clients/customers/patients?
  - e. If yes, is it CDSME or DSME (chronic disease or diabetes)?
  - f. If no, when do you anticipate scheduling a workshop if at all?
2. Does your organization have a license through Stanford for CDSMP/DSMP (English and/or Spanish)?
  - a. If no, that is okay as this training then requires that you report and practice under the GBPCA QTAC license.
  - b. If yes, what is your license for (which Stanford programs) and what is the name of the organization?
3. Why do you want to volunteer to be trained as a peer leader?
4. Our peer leaders in general either have chronic conditions or have been a caregiver for someone with chronic conditions. Does this apply to you?
5. Our leaders are positive role models for the workshop participants. Please describe some of the ways you practice positive self-care for yourself and /or in managing your condition.
6. Do you have experience leading groups? Please describe:
7. Do you have any previous volunteer experience and if so what?

8. Have you worked with a variety of people i.e. different educational levels, cultures, and physical or mental challenges?
  
9. This program is heavily scripted. It is critical for legal and liability reasons that leaders not share personal advice. Being a leader is not an opportunity to share what has worked for you personally. Are you comfortable moving forward knowing that if you ever offer personal advice, you cannot continue to be a peer leader in this program? *(Yes / No)*
  
10. Do you see any barriers or challenges in being a leader (i.e. energy, time, transportation, availability, chronic condition limitations)? (Note briefly)
  
11. Have you taken the regular 6-week CDSMP workshop? *(Yes / No)*
  
12. Any questions for us today about the program and/or being a Peer Leader?
  
13. What kinds of people do you find it easy or hard to work with?
  
14. What causes you stress and how do you deal with it?

***Thank you for helping us learn a little more from you! Now let's start the training! Please return this to a QTAC staff person.***

<sup>i</sup> Source: Row Your Own Boat Program, Calgary