

## **Workshop Leader Requirements:**

- Be able to attend all training sessions and follow a scripted Leader Manual
- Be nonjudgmental and comfortable speaking in front of a group
- Commit to facilitating two workshops per year (in various locations)
- Commit to reporting blinded workshop data using the Healthy Living:Up2Me Data Portal

## **Registration requirements:**

Registrants must have their own Stanford University organization license to offer Chronic Disease Self-Management workshops. Once online registration is received we will contact you to conduct a pre-training interview to ensure you understand the leader training requirements. Final details will be sent out one week prior to the start date.